

### Professional Treatment

**Time:** 60 minutes

**Cost Per Treatment:** \$2.94\*

*\*Assumes all Back Bar sizes.*

#### Suggested Products:

- |                                       |   |
|---------------------------------------|---|
| • Erase the Day                       | • Recovery                                  |
| • Cleanser                            | • Eye Serum                                 |
| • Fresh Face Mask / Enzyme Crème Mask | • Intensive Moisturizer / Light Moisturizer |
| • Moisturizing Mist                   |   |

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**STEP 1:** Help your client settle into the treatment by dispensing a few drops of essential oils onto your palms. Place your palms over your client's face and instruct them to take a deep breath in to invigorate the senses. Leave your palms in place for another minute while encouraging deep breathing to help your client relax.

**STEP 2:** Remove any eye and lip makeup with **Erase the Day**. Double cleanse with **Cleanser** and remove with 4 x 4 wipes.

**STEP 3:** Apply **Fresh Face Mask** to revitalize a dry, lackluster complexion or **Enzyme Crème Mask** (with or without steam) to brighten skin tone. Leave on the skin for 3-8 minutes and gently remove the mask using a warm, wet towel.

**STEP 4:** Perform the modality(ies) appropriate for the client's needs - LED Light Therapy, Jet Plasma, Microdermabrasion etc.

**STEP 5 (Optional):** Apply **Moisturizing Mist** to lightly hydrate and balance skin pH.

**STEP 6:** Apply **Recovery** on damp skin.

**STEP 7:** Apply **Eye Serum** around eyes and over the lips.

**STEP 8:** Apply **Intensive Moisturizer** or **Light Moisturizer** to the face and neck.

**STEP 9:** Apply mineral sunscreen if the treatment is during the day.